

Weymouth Community Resources

24/7 Telephone Support

Town and Regional Departments

Weymouth Health Department

Call: **781-340-5008**

75 Middle St.



Monday to Friday: 8:30 a.m. to 4:30 p.m.

+ MOUD/MAT/Medical/Dental

South Shore Bridge Clinic

Call: **781-624-5065**

797 Main St.



Monday, Wednesday, Thursday: 7:30 a.m. to 7 p.m.
Tuesday and Friday: 7:30 a.m. to 7:30 p.m.

Spectrum

Call Intake: **877-697-3422**

178 Winter St.



Monday to Thursday: 6 a.m. to 7 p.m.
Friday: 6 a.m. to 12:30 p.m.
Saturday: 6 a.m. to 12:30 p.m.

Manet MOUD

Call: **617-997-6504** Call: **617-910-6639**

110 West Squantum St., Quincy

Monday to Thursday: 8 a.m. to 8:00 p.m.
Friday: 8:00 a.m. to 5:00 p.m.
Saturday: 9:00 a.m. to 2:00 p.m.



Visiting Dental Hygiene, Inc.

Call: **781-608-8838**



Contact: Emma Lawson

Help save lives. Carry naloxone.

988 Suicide & Crisis Lifeline

Call or Text: **9-8-8**

Deaf, hard of hearing, or hearing loss TTY: Use your preferred relay service or dial **7-1-1 then 9-8-8**.



Massachusetts Overdose Prevention Helpline

(Formerly Never Use Alone New England)

Call: **1-800-972-0590**

Virtual spotting/overdose detection service for people who use drugs.



Massachusetts Behavioral Health Help Line

Call or Text: **833-773-2445**

Deaf, hard of hearing, or hearing loss TTY: Use your preferred relay service or contact Mass Relay at **7-1-1**.



Real-time interpretation in 200+ languages.

Mass 211

Call: **2-1-1**

From any device, search and connect to local health and human service resources in Massachusetts.



🏠 Housing Resources

Father Bill's Place

Call: **617-770-3314**

38 Broad St., Quincy



CALL **9-1-1** for medical emergencies!



Weymouth Substance Use Resource Guide

This guide contains a list of resources available in and around Weymouth for people with opioid use disorder and their loved ones.

Weymouth HEAL is part of the Massachusetts HEALing Communities Study, working to reduce overdose deaths.

For more information, contact:

Cassandra Emond
Community Engagement Facilitator
HEAL@bmc.org

Sheila Hampton
Community Coordinator
SHampton@baystatecs.org



HealTogetherMA.org/Weymouth

Family Resources

Weymouth Food Pantry
 Call: [781-624-5065](tel:781-624-5065)
weymouthfoodpantry.org



Weymouth Farmers Market
 Call: [781-682-3586](tel:781-682-3586)
weymouthfarmersmarket.com



The Sun Will Rise Foundation, Inc.
 Call: [781-789-4604](tel:781-789-4604)
 541 Washington St., Braintree
thesunwillrise.org



Hope Floats
 Call: [781-585-4221](tel:781-585-4221)
 4 Elm St., Kingston
hopefloatswellness.org



Learn to Cope
 Call: [508-738-5148](tel:508-738-5148)
 4 Court St., Suite 110, Taunton
learn2cope.org



Transportation

Weymouth Connect
 Call: [781-682-3586](tel:781-682-3586)
 409 Washington St.
myweymouthconnect.simplybook.me

A free ride service for people with opioid use disorder (OUD) to medication for opioid use disorder (MOUD) appointments, opioid education and naloxone distribution (OEND) programs, OUD-related medical appointments, pharmacies, and other related services.

Link to Services & Resources

United Communities
 Mobile Resource Hub, Resource Connection,
 Black Owned Non-Profit Organization



Call or Text David: [781-523-5715](tel:781-523-5715)
 Deaf, hard of hearing, or hearing loss
 TTY: Use your preferred relay service.

Paloma Fernandes: português, español,
 kriolo, français, some American Sign
 Language (ASL)

Monday to Sunday: 11 a.m. to 7 p.m.
 LEAVE A DETAILED MESSAGE 24 HOURS A DAY

Impact Weymouth
 Drop-In Center



Access to harm reduction materials, referrals
 to treatment, and support group meetings

Call Office: [857-358-8973](tel:857-358-8973)

Call Cell: [857-358-8971](tel:857-358-8971)

210 Winter St., Suite 101

Monday: 12 p.m. to 6 p.m., Tuesday: 1 p.m. to 7 p.m.
 Wednesday: 12 p.m. to 6 p.m., Thursday: 1 p.m. to 7 p.m.
 Friday: 9 a.m. to 3 p.m.

Wellspring Multi-Service Centers
 Call: [781-855-7676](tel:781-855-7676)



409 Washington St.

Monday to Friday: 10 a.m. to 4 p.m.

MOAR Recovery
 Call: [617-423-6627](tel:617-423-6627)



Temos informação disponível em português.
 Tenemos información disponible en español.

Naloxone (Narcan®) is a medication called an “opioid antagonist” used to counter the effects of opioid overdose.

- Nonscheduled (i.e., non-addictive) medication available in Massachusetts without a prescription.
- Counteracts life-threatening depression of the central nervous and respiratory systems allowing an overdose victim to breathe normally.
- Only works if a person has opioids in their system; the medication has no effect if opioids are absent.

Opioid Use Disorder (OUD) is a chronic condition with severe potential outcomes, including disability, overdose, relapse, and death.

- OUD is defined by the DSM 5-TR as problematic opioid use causing distress, involving at least two of the following within 12 months: Impaired control over use, strong cravings, increased tolerance, withdrawal symptoms, and giving up or reducing activities due to use.

Substance Use Disorder (SUD)/Addiction: Treatable mental disorder impacting the brain and behavior.

- Inability to Control Use: Leads to loss of control over substance use.
- Substances: Includes legal/illegal drugs, alcohol, and medications.
- Symptom Range: Symptoms vary from moderate to severe.

MOUD (Medication for Opioid Use Disorder)/MAT: Prescribed medications to treat opioid use disorder (OUD).

- Manages cravings and withdrawal and supports recovery.
- Scientifically proven to be highly effective OUD treatment.
- FDA-approved medications include: methadone, buprenorphine (Suboxone®, subs, Subutex®, Sublocade®), naltrexone (Vivitrol®).

Overdose Education and Naloxone Distribution (OEND): Programs that distribute naloxone (Narcan®) and train people to recognize and respond to an overdose.

Harm Reduction: Incorporates a spectrum of strategies that includes safer use, managed use, abstinence, meeting people who use drugs “where they’re at,” and addressing conditions of use along with the use itself.

- Reduces negative outcomes.
- Respects the rights of people who use drugs.
- Upholds individuals’ rights.
- Prioritizes well-being.
- Addresses safer practices and broader effects through education, programming, and supplies.